

The Parish as a Healing Center

At Project Rachel, our vision is to bring God's forgiveness, mercy and healing to those who have been hurt by abortion.

How can I help?

There are many ways you can partner with us and help promote the message of hope and healing. Below are some examples of how you can help.

- **Bulletin announcements:** Please ask your pastors to run regularly scheduled Project Rachel / Rachel's Vineyard bulletin announcements. The bulletin is the number one source of referrals to our program. A consistent message encourages those who suffer to reach out for reconciliation and healing.
- **Prayers for Pro-life Liturgical and Para-Liturgical Services (USCCB):** Schedule an event in your parish and pray for those who have been hurt by abortion. This link provides Blessings, Holy Hours, Intercessions, Litanies, Meditations, Rosaries and Prayers to pray for an end to abortion and peace for those who suffer. For resources, please visit: <http://usccb.org/prolife/liturgy/liturservices.shtml> .
- **Mass of Healing Resources:** For resources to encourage hope and healing, parish pregnancy loss resources and Mass of Healing resources please visit: www.arlingtondiocese.org/familylife/parishresources.php .
- **Promote Rachel's Vineyard Weekend Healing Retreats and the Entering Canaan Days of Prayer and Healing for Women:** For printable fliers, current retreat dates, and testimonies please visit www.arlingtondiocese.org/rachel .
- **Become a Parish Rachel Promoter:** A Rachel Promoter is the liaison between the diocesan Rachel office and your parish community. The Project Rachel Promoter encourages prayer and an attitude of care and sensitivity for those who have experienced the pain of abortion. Raise awareness in your community by making sure program materials are available, encourage your priests to preach the message of hope.
- Assist us by becoming the Keeper of the **Divine Mercy Banner** which was given to all parishes in October of 2007. This Banner can be displayed on parish property with the permission of your pastor and can be carried at the annual March for Life, Life Chains, while praying outside of abortion clinics and while sidewalk counseling.

If you are interested in becoming the Rachel Promoter in your parish, please contact us: projectrachel@arlingtondiocese.org