

July 28, 2010

Dear Friends,

As we enter August in Ordinary Liturgical Time, it is a good opportunity to take pause, refresh ourselves to gain new perspective and assess where we are in our spiritual goals. In our aim to bring ourselves closer to where we are planning to be, a highly recommended model to follow is our Blessed Mother, whose Feast of the Assumption is celebrated on August 15, a holy day. Because of her special role in salvation history as Mother of God's Son, and her total cooperation with the will of God during her life, at the end of that life, Mary was said to experience a sleep-like state and she was assumed into heaven body and soul. The Blessed Mother, Queen of Heaven and Earth, prays for us and is a very powerful intercessor with her Son, Our Lord. If we follow in her footsteps during the course of our lives, Mary leads us to Jesus. We would do well to depend on the Blessed Mother's prayers and imitate her virtue in our lives so that we can join her and the rest of the heavenly company enjoying the divine presence of the Trinity forever.

In your prayers, please remember the intentions of all the members of the Deaf community and their families. A schedule of Interpreted Masses for the Deaf follows; mark your calendar for the location and times that best suit your schedule. Remember that God does not forget us during the Summer Vacation season and we can plan to attend Masses in many locations by consulting [www.masstimes.org](http://www.masstimes.org) even when we travel.

Remember to enroll your students in their CCD classes so that they will also be well educated in their faith this year.

Sincerely,

*M. Provie Rydstrom*

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Diocesan Coordinator for the Deaf  
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## Schedule of Interpreted Masses for the Deaf

<b>Date</b>	<b>Place</b>	<b>Time</b>
Sat., Jul. 31 Vigil	St. Elizabeth Ann Seton Parish, Lake Ridge	6:00 pm.
Sun., Aug. 1	Good Shepherd Parish, Alexandria	9:00 am.
	Holy Spirit Parish, Annandale	10:30 am.
Sat., Aug. 7 Vigil	St. Elizabeth Ann Seton Parish, Lake Ridge	6:00 pm.
Sun., Aug. 8	Good Shepherd Parish, Alexandria	9:00 am.
	Holy Spirit Parish, Annandale	10:30 am.
	Christ the Redeemer Parish, Sterling	5:30 pm.
Sat., Aug. 14 Vigil	St. Elizabeth Ann Seton Parish, Lake Ridge	6:00 pm.
Sun., Aug. 15	Good Shepherd Parish, Alexandria	9:00 am.
	Assumption of Mary Holy Spirit Parish, Annandale	10:30 am.
Sat., Aug. 21 Vigil	St. Elizabeth Ann Seton Parish, Lake Ridge	6:00 pm.
Sun., Aug. 22	Good Shepherd Parish, Alexandria	9:00 am.
	Holy Spirit Parish, Annandale	10:30 am.
	Christ the Redeemer Parish, Sterling	5:30 pm.
Sat., Aug. 28 Vigil	St. Elizabeth Ann Seton Parish, Lake Ridge	6:00 pm.
Sun., Aug 29	Good Shepherd Parish, Alexandria	9:00 am.
	Holy Spirit Parish, Annandale	10:30 am.
Sat., Sept. 4 Vigil	St. Elizabeth Ann Seton Parish, Lake Ridge	6:00 pm.
Sun., Sept. 5	Good Shepherd Parish, Alexandria	9:00 am.
	Holy Spirit Parish, Annandale	10:30 am.

**Directions to Christ the Redeemer Church, 56833 Harry Byrd Hwy., Sterling, VA 20164:**

From Beltway 495, take the Rt. 7 Exit west. Continue to the Sterling area. The Church is located across from a shopping center, next to the Ford dealer on the left. E-mail: [ctrcc@verizon.net](mailto:ctrcc@verizon.net)

**Directions to Good Shepherd Church, 8710 Mt. Vernon Hwy., Alexandria VA 22309:**

From Rt. 495, take Rt. 1 S toward Ft. Belvoir. Continue approximately 6.5 mi. At the 3<sup>rd</sup> traffic light past Walmart, turn left onto Old Mt. Vernon Hwy. Bear left at the fork in the road and follow Rt. 235 S. The Church is 1.5 mi. on the right side of the road. Website for E-mail: [www.gs-cc/org](http://www.gs-cc/org).

**Directions to Holy Spirit Church, 8800 Braddock Rd., Annandale, VA 22003:**

Holy Spirit Church is located 1.5 mi. from Beltway Exit 54 A, Rt. 620 W, on the right, across from King's Park Center. E-mail: [holyspiritparish@cox.net](mailto:holyspiritparish@cox.net).

**Directions to St. Elizabeth Ann Seton Church, 12807 Valleywood Dr., Lake Ridge, VA 22192:**

From Rt. 123, turn onto Old Bridge Rd. Stay on Old Bridge until Cavalier Dr. Turn left onto Cavalier Dr. At the stop sign, turn onto Valleywood Dr. and go through the neighborhood. The Church is on the right. E-mail: [mariepelletier@SEAS1.org](mailto:mariepelletier@SEAS1.org).