

**Journey to Emmaus: A High School Youth Ministry Curriculum**  
**The Catholic Diocese of Arlington's Office of Youth Ministry**

<b>Doctrinal Elements</b>	<b>Year 1: Fall</b>	<b>Year 1: Spring</b>	<b>Year 2: Fall</b>	<b>Year 2: Spring</b>	<b>Year 3: Fall</b>	<b>Year 3: Spring</b>	<b>Year 4: Fall</b>	<b>Year 4: Spring</b>
<b>Person of Christ</b>	Jesus as True God and True Man	Jesus: Second Person of the Trinity	Jesus Revealed in the Old Testament	Jesus Performs Miracles (Eucharist)	Jesus as Leader	Jesus as Messiah and Sacrifice	Jesus as Teacher	Jesus the Redeemer
<b>Life in Christ</b>	The Beatitudes	The Human Community and Solidarity	The Greatest Commandment: Love the Lord (Eucharist)	Life and Dignity of the Human Person (Abortion)	Authority and the Common Good	The Second Greatest Commandment: Love your neighbor (Abortion)	Discipleship	Stewardship of Resources and Rights and Responsibilities (Abortion)
<b>Morality</b>	Truth, Freedom, and Responsibility	Sin & Forgiveness	Moral Law	The Commandments	Conscience	Poverty, Chastity, & Obedience	The Virtuous Life & Gifts of the Holy Spirit	Love for the Poor and Vulnerable
<b>Christian Mystery</b>	Sacraments & Grace (Eucharist)	The Church's Liturgy (Eucharist)	The Role of the Holy Spirit in the Sacraments	Sacraments of Healing	Universal Call to Holiness & Vocations	Participation in the Eternal Banquet (Eucharist)	Sacraments at the Service of Communion	Sacraments of Initiation (Eucharist)
<b>Church</b>	Evangelization: The Church's Mission	Tradition & Scripture	The Communion of Saints	Ecumenical Councils	Ecumenism	Mary, Mother of the Church	Images of the Church (Eucharist)	The Magisterium
<b>Christian Prayer</b>	The Universal Call to Prayer	Forms of Prayer	The Lord's Prayer	Liturgy of the Hours & The Psalms	The Mass (Eucharist)	Charisms and Spiritualities	Challenges in Prayer	Devotions and Sacramentals
<b>Sacred Scripture</b>	Divine Revelation	Patriarchs & Prophets	The Gospels	Typology Between the Old and New Testaments	Modes of Scripture	Jesus as Fulfillment of Scripture	The Early Church: Acts and Epistles	Scripture & Prayer
<b>Profession of Faith</b>	Creation	The Resurrection	All That is Seen and Unseen	Mary	The Marks of the Church	God the Holy Spirit	God the Father	Eternal Life
<b>Issue Night # 1</b>	Politics	Abortion	Decision Making & Leadership	Friendship	Discernment & Vocations	Euthanasia & Death Penalty	Homo-sexuality	Suicide, Depression, & Mental Health
<b>Issue Night # 2</b>	Sexuality	Relativism	Drugs & Alcohol	Violence, Gangs, & Bullying	Dating & Modesty	Internet, Media, & Music	Just War	Islam