

Gabriel Project, Project Rachel and Respect Life



• The Gabriel Project and Project Rachel offices work to provide pregnancy assistance, post-abortion recovery and coordinate with the Respect Life Office to restore respect for all human life.

• Gabriel Project helps pregnant women with long or short-term needs by offering assistance at the parish level. It involves a network of churches, crisis pregnancy centers and other agencies working together to assist the mother with physical, material, spiritual and emotional support.

• Project Rachel is a post-abortive healing ministry open to mothers, fathers, grandparents, siblings or anyone who seeks healing after abortion. This ministry seeks to reach out with the mercy and love of Christ to help be at peace with oneself and God.

• Resources are available for post-abortive women such as a confidential phone line, availability of a priest for spiritual guidance, professional counseling, as well as retreats for women and men who are in need of healing.

• The Respect Life Office offers resources and a collection of ways to help respect life, both in prayer and in action. This office provides educational materials to keep parishioners informed of the current issues in regards to all human life from the moment of conception until natural death.

"The support that I never thought to find, I found with Gabriel Project; I just had to trust in God that everything would work out fine."
- Gabriel Project mother

2019 HIGHLIGHTS:

- In 2019, Gabriel Project Pregnancy Assistance provided prenatal care for 63 mothers in need.
- Gabriel Project connected 50 pregnant women to mentors for support during their pregnancies.
- Project Rachel abortion healing ministry held 2 days of prayer and healing, 3 mornings of recollection and one retreat weekend in 2019.
- The First Annual March for Life, Virginia garnered over 7,000 from throughout the dioceses of Arlington and Richmond.
- The Respect Life office partnered with the Catholic Medical Association to host the 2019 October Mass for Respect Life Month.

STEADFAST IN *faith* AND JOYFUL IN *hope*