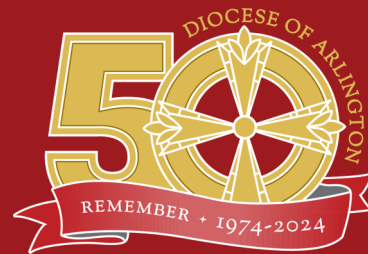


# FORTY HOURS

DIOCESE of ARLINGTON

[www.arlingtondiocese.org/jubileehome](http://www.arlingtondiocese.org/jubileehome)



Preparation Year I: Remember - “Do this in Memory of Me”



## Forty Hours Schedule

Use QR code for more info on the Jubilee

### March 2022

Saint Mary of the Immaculate Conception

March 7-9, 2022

Holy Martyrs of Vietnam

March 9-11, 2022

All Saints

March 13-15, 2022

en español

Our Lady of Hope

March 13-15, 2022

Saint Bridget of Ireland

March 13-16, 2022

Saint Bernadette

March 20-22, 2022

Saint Theresa

March 22-24, 2022

Queen of Apostles

March 23-25, 2022

Saint Patrick

March 24-26, 2022

### April 2022

Saint Paul Mission

April 2-4, 2022

Our Lady of the Valley

April 4-8, 2022

Saint Ambrose

April 6-8, 2022

Saint Stephen the Martyr

Saint Katharine Drexel Mission

April 20-21, 2022

Our Lady of Good Counsel

April 25-27, 2022

The *Forty Hours Devotion* is a period of continuous public prayer in the presence of the Most Blessed Sacrament. Christ our Lord is really and substantially present in this great Sacrament, and through our participation in the devotion we enter his presence, remember the salvation he won for us, rejoice in him, and become signs of his divine renewal in our world.

The devotion of *Forty Hours* originated six centuries ago in Milan. The practice spread quickly in the West through figures such as Saint Ignatius of Loyola, Saint Philip Neri, Saint Charles Borromeo, Pope Clement VIII, and Pope Clement XII. It was fervently promoted in the United States by Saint John Neumann, the fourth bishop of Philadelphia, and in 1866, the devotion was approved for use throughout the United States.

In the Diocese of Arlington, *Forty Hours* was widely celebrated following the establishment of the diocese in 1974 and has remained an important devotion in many parishes. In remembering our Catholic heritage during the first preparation year leading to the diocesan golden jubilee, each parish in the Diocese of Arlington will celebrate *Forty Hours*.



## OPENING MASS

Forty Hours opens with the celebration of Mass, for “the celebration of the Eucharist in the sacrifice of the Mass is truly the origin and the goal of worship which is shown to the Eucharist outside Mass” (*Eucharisticum mysterium*, no. 3e).



## EXPOSITION

At the conclusion of Mass, the Blessed Sacrament is solemnly exposed in a monstrance on the altar.



## ADORATION

Adoration of the Most Holy Eucharist takes place for the remainder of the period of public prayer, interrupted only for the celebration of daily Mass. Indeed, Exposition is “intended to acknowledge Christ’s marvelous presence in the Sacrament” and “invites us to the spiritual union with him that culminates in sacramental Communion” (*Holy Communion and Worship of the Eucharist Outside of Mass*, no. 82).



## BENEDICTION

Forty Hours closes with solemn Benediction, in which the Church joined in prayer is blessed with the very Body of Christ.