



World Day *for* Consecrated Life

· FEBRUARY 7, 2021 ·

Mass Prayers & Readings

Fifth Sunday in Ordinary Time

Missal · Proper of Time, Ordinary Time
Lectionary · no. 74

First Reading · Job 7:1-4, 6-7

Resp. Psalm · Psalm 147:1-2, 3-4, 5-6

Second Reading · 1 Cor 9:16-19, 22-23

Verse before Gospel · Matthew 8:17

Gospel · Mark 1:29-39

Universal Prayer

SAMPLE INTENTIONS

For those consecrated to God by the vows of chastity, poverty and obedience: that they may seek to live their baptismal promises more intensely and have the grace to persevere in their commitment to the Lord and serve with open hearts and willing spirits.

For those who have responded to the prompting of the Holy Spirit to be a consecrated person that they may experience the support of the Church as they continue their growth in holiness.

Spirituality

REFLECT on the Responses of Simeon and Anna · Luke 2:22-40

· <https://bible.usccb.org/bible/luke/2> ·

PRAY about Your Own Vocation and PRAY for Vocations to Consecrated Life

· https://www.youtube.com/watch?v=MTg6BzZOILE&feature=emb_title ·

LEARN about Consecrated Life in the Diocese of Arlington

Men · <https://www.arlingtondiocese.org/vocations/for-men/how-to-become-a-priest/religious-life/>

Women · <https://www.arlingtondiocese.org/vocations/for-women/how-to-become-a-nun/religious-orders-for-women/>

THANK the Consecrated Men and Women in Your Local Community



Office of
**DIVINE
WORSHIP**



World Day of Prayer *and* Awareness *against* Human Trafficking

· FEBRUARY 8, 2021 ·

Mass Prayers & Readings

Memorial of Saint Josephine Bakhita

RECOMMENDED

Missal · Proper of Saints, February 8: Saint Josephine Bakhita & Common of Virgins:
For One Virgin

Lectionary · no. 529A [Supplement]

First Reading · 1 Corinthians 7:25-35

Resp. Psalm · Psalm 45:11-12, 14-15, 16-17

Verse before Gospel · “This is the wise...”

Gospel · Matthew 25:1-13

Universal Prayer

SAMPLE INTENTIONS

For all Catholics, that God will inspire them to take action to support and protect survivors of human trafficking.
For policy makers, that God will grant them wisdom to enact laws to protect victims and survivors of human trafficking.

For those caught in slavery, that their perpetrators be brought to justice and that they might find a path to healing.

For social service providers, that God will grant them strength to continue supporting survivors of trafficking.

Spirituality

REFLECT on the Betrayal of Jesus by Judas · Matthew 26:14-56

· <https://bible.usccb.org/bible/matthew/26> ·

PRAY to Saint Josephine Bakhita

· <https://migrants-refugees.va/it/wp-content/uploads/sites/3/2018/11/M7-266-Josephine-Bakhita-Prayer-Card.pdf> ·

LEARN from the USCCB · “Anti-Trafficking Toolkit”

· <https://www.usccb.org/about/anti-trafficking-program/upload/Anti-Trafficking-Toolkit-2020.pdf> ·

BECOME a responsible consumer · Sweat & Toil App RECOMMENDED BY THE USCCB

· <https://www.dol.gov/general/apps/ilab> ·





World Day *of the Sick*

· FEBRUARY 11, 2021 ·

Mass Prayers & Readings

Memorial of Our Lady of Lourdes

RECOMMENDED

Missal · Proper of Saints, February 11: Our Lady of Lourdes & Common of the Blessed Virgin Mary: During Ordinary Time
Lectionary · no. 531

First Reading · Isaiah 66:10-14c

Resp. Psalm · Judith 13:18bcde, 19

Verse before Gospel · cf. Luke 1:45

Gospel · John 2:1-11

Universal Prayer

SAMPLE INTENTIONS

That God may pour out healing grace on all who are sick.

That God may raise the hopes of all who suffer anxiety.

That God may give strength to all who care for the sick.

That God may comfort those who sorrow and mourn.

That God may give peace and joy to those who seek him.

Spirituality

REFLECT on Matthew 11:28-30 · “I will give you rest”

· <https://bible.usccb.org/bible/matthew/11> ·

PRAY with Psalm 86 · “Save your servant who trusts in you”

· <https://bible.usccb.org/bible/psalms/86> ·

LEARN from the Holy Father · Annual Papal Messages for the World Day of the Sick

· <http://www.vatican.va/content/francesco/en/messages/sick.index.html#messages> ·

PRACTICE the Corporal Work of Mercy of Visiting the Sick” Safely during the Pandemic

· reach out to those who are isolated by phone/video calls or letters/cards · offer to assist caregivers of chronically sick family members with, e.g., shopping · reach out to and support health care workers ·