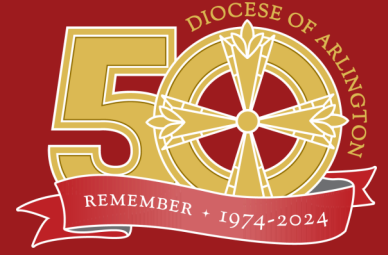


FORTY HOURS

DIOCESE of ARLINGTON

www.arlingtondiocese.org/jubileehome



Preparation Year I: Remember - "Do this in Memory of Me"

Forty Hours Schedule



November 2021

Saint Andrew the Apostle, Clifton
November 28-30, 2021

Precious Blood, Culpepper
December 2-4, 2021

Saint James, Falls Church
December 5-7, 2021

December 2021

Saint Catherine of Siena, Great Falls
December 1-4, 2021

Saint Timothy, Chantilly
December 5-7, 2021

Basilica of Saint Mary, Alexandria
December 6-8, 2021

Saint Elizabeth of Hungary, Colonial Beach/
Saint Anthony Mission, King George
December 1-3, 2021

Our Lady of Angels, Woodbridge
December 16-18, 2021

Corpus Christi, Aldie
December 2-4, 2021



THE FORTY HOURS DEVOTION

The *Forty Hours Devotion* is a period of continuous public prayer in the presence of the Most Blessed Sacrament. Christ our Lord is really and substantially present in this great Sacrament, and through our participation in the devotion we enter his presence, remember the salvation he won for us, rejoice in him, and become signs of his divine renewal in our world.

The devotion of *Forty Hours* originated six centuries ago in Milan. The practice spread quickly in the West through figures such as Saint Ignatius of Loyola, Saint Philip Neri, Saint Charles Borromeo, Pope Clement VIII, and Pope Clement XII. It was fervently promoted in the United States by Saint John Neumann, the fourth bishop of Philadelphia, and in 1866, the devotion was approved for use throughout the United States.

In the Diocese of Arlington, *Forty Hours* was widely celebrated following the establishment of the diocese in 1974 and has remained an important devotion in many parishes. In remembering our Catholic heritage during the first preparation year leading to the diocesan golden jubilee, each parish in the Diocese of Arlington will celebrate *Forty Hours*.



OPENING MASS

Forty Hours opens with the celebration of Mass, for “the celebration of the Eucharist in the sacrifice of the Mass is truly the origin and the goal of worship which is shown to the Eucharist outside Mass” (*Eucharisticum mysterium*, no. 3e).



EXPOSITION

At the conclusion of Mass, the Blessed Sacrament is solemnly exposed in a monstrance on the altar.



ADORATION

Adoration of the Most Holy Eucharist takes place for the remainder of the period of public prayer, interrupted only for the celebration of daily Mass. Indeed, Exposition is “intended to acknowledge Christ’s marvelous presence in the Sacrament” and “invites us to the spiritual union with him that culminates in sacramental Communion” (*Holy Communion and Worship of the Eucharist Outside of Mass*, no. 82).



BENEDICTION

Forty Hours closes with solemn Benediction, in which the Church joined in prayer is blessed with the very Body of Christ.