



THE MASS EXPLAINED



Office of Faith Formation

The Mass is the highest form of Christian prayer, an act of worship for body and soul. But why does the priest wear those vestments? Is the Mass a sacrifice or a meal? What is the connection between the Passover, the Last Supper, and the Mass? Come learn the history of the Catholic Mass, the purpose of the 'smells and bells,' and how to 'get more' out of worshipping God therein. Rekindle your love for Jesus in the Eucharist by understanding the depth and beauty of the liturgical gestures, for as St. John Vianney said, "If we really understood the Mass we would die, not of fear, but of love."

Saint Agnes Parish Hall

February 10, 2022

7:00 p.m.

Contact Ana Lisa Pinon for more information.

analisa.pinon@arlingtondiocese.org

RSVP Link: bit.ly/stagnesfrmores



Fr. Noah Morey

Chaplain at Bishop Ireton High School