

A Retreat
for Seniors

JULY 21-23, 2023

FINDING JESUS IN THE WISDOM & SUFFERING OF OLD AGE



"Simeon Reverencing the Christ Child" by Greg Olsen © 2023



Isn't it a challenge, living in the midst of our "throwaway culture," for those who are "full of years" to understand our place in the world — and in our Church? Join Fr. John Riley, Spiritual Director at San Damiano, as we search the Scriptures, pray with Jesus in the Gospels, and consider the Crosses and the Consolations of Old Age.

Retreat to "rest and pray" with Christ at our Arlington Diocese's San Damiano Retreat Center in White Post, Virginia. The cost is \$285. Financial assistance may be available.

For more information or to register, please email Deacon Mark Maines:
Mark.Maines@arlingtondiocese.org or visit our website at ArlingtonDiocese.org/Retreat

