

2019 CATHOLIC DIOCESE OF ARLINGTON CRS RICE BOWL GRANTEES

The following have received grants from the Arlington Diocese's CRS Rice Bowl grant program to help fund their operations in 2019. The grant funds were raised through the generous participation of parishes, schools, youth groups and religious education programs of the Arlington Diocese, in Catholic Relief Services' Rice Bowl Lenten program during Lent 2018. Rice Bowl funds two diocesan grant programs – food distribution grants, which support the direct provision of food, and Nutritional Security Grants, which support efforts to provide longer-term solutions to food insecurity, such as garden projects, food coops, educational efforts such as cooking and tasting classes, and the like. For more information about CRS Rice Bowl, including how your parish or school can participate, please contact Carla Perantoni Walsh, Diocesan Coordinator of Catholic Relief Services Programs, at ricebowl@ccda.net or 703-841-3839.

Food Distribution Grants

Christ Church Food Pantry (Spotsylvania) \$1000
Feeds the hungry in the surrounding community, with primary emphasis on Spotsylvania County and the City of Fredericksburg. Funds will be used to meet the Pantry's only direct cost – the cost of food obtained from the Fredericksburg Area Food Bank, of which it is a member.

Feed My Sheep (Gordonsville) \$1500
An ecumenical food pantry, of which St. Isidore the Farmer Church is a member, serves low-income persons living within a 15-mile radius of Gordonsville. Serves two free lunches per month financed by FMS's members, and supplies food from the pantry and from members' gardens. Also holds community exchange programs and provides education to clients about budgeting and food preparation. Funds will be used to purchase perishables like milk, bread, fruits and vegetables as well as grocery food cards to supplement the pantry's stock of food.

Mila-Wicomico Food Pantry (Heathsville) \$2000
A project of Wicomico United Methodist Church, the Pantry feeds low-income people, particularly the elderly and children, in a community that is about seventy-five percent low-income, disabled and/or elderly. Funds will be used to purchase food.

St. Elizabeth Catholic Church Food Pantry (Colonial Beach) \$2000
St. Elizabeth's pantry in Colonial Beach is staffed by parishioners of both St. Elizabeth Parish and St. Anthony Mission. It operates twice a week and does not restrict the number of times people can come for help. The pantry prepares and delivers food boxes to several families who are homebound or do not have transportation. The grant funds will be used to increase the number of Thanksgiving and Christmas dinners the pantry can provide.

St. Mary of the Immaculate Conception Catholic Church Food Pantry (Fredericksburg) \$2000
St. Mary's food pantry supplies boxes containing ingredients that can create several complete meals. The grant funds will be used to expand food availability as demand has increased.

St. Paul Catholic Mission Food Assistance Project (Hague) \$2000
St. Paul's Food Assistance Project provides food assistance to local individuals and families in Hague and surrounding areas. Grant funds will be used to provide food assistance and purchase grocery gift cards to families in emergency situations.

White Stone Baptist Church Food Pantry (White Stone) \$1000

A once-a-week pantry that has operated since 2009 and provides food to low-income residents of Lancaster County. Funds will be used to purchase food.

White Stone Church of the Nazarene Food Pantry (White Stone) \$2000

The pantry, which is open once a month, supplies food to the community, which is heavily elderly, and provides delivery for clients who have mobility or transportation challenges. Funds will be used to purchase food.

Nutritional Security Grants

Christ Church Food Pantry (Spotsylvania) \$3000

Food Cooking and Tasting Project to Improve Nutrition and Sustainability

Last year's funds supported the purchase of a grill and supplies to laminate recipe cards, in order to educate food pantry clients on preparation of produce and other healthy foods. This year the grant will fund food cards that clients can redeem at local farmers' markets, and will supply electric woks or crockpots to clients in difficult living situations to enable them to cook healthy meals.

Guadalupe Free Clinic Pharmacy Formulary (Colonial Beach) \$2000

Change Your Diet, Change Your Life Project

Guadalupe Free Clinic, an apostolate of the Diocese of Arlington, will use its funds to educate, motivate and support Guadalupe patients as they learn and implement life and nutritional changes to improve their health. The project will teach nutritional strategies to manage and reverse diseases related to poor nutrition and to promote better nutritional habits. The grant will fund instructional classes taught by medical nutritionists from Mary Washington Hospital and to purchase instructional materials in English and Spanish.