



# ODW Bulletin

DIOCESE of ARLINGTON

APRIL

2020

## Prayer to Jesus for Healing and Guidance

Jesus, Son of God,  
you were sent by the Father  
to bear our weakness;  
be with us in this time of crisis.

Merciful Savior,  
heal and comfort the sick,  
so that, with health restored,  
they may give you praise.

Divine Physician,  
accompany our caregivers  
so that, serving with patience,  
they may heal wisely.

Eternal Wisdom,  
guide our leaders  
so that, seeking remedies,  
they may follow your light.

Christ, the Anointed,  
protect us in body and spirit,  
so that, freed from harm,  
we may be delivered from all affliction.  
Who live and reign with God the Father  
in the unity of the Holy Spirit,  
one God, forever and ever.  
Amen.

## Oración a Jesús

para pedir sanación y guía

Jesús, Hijo de Dios,  
a Ti que fuiste enviado por el Padre  
para asumir nuestra debilidad,  
te pedimos que nos acompañes  
en este momento de crisis.

Salvador Misericordioso,  
ayuda y consuela a los enfermos,  
para que al recobrar la salud  
puedan alabarte.

Médico Divino,  
acompaña a nuestros proveedores de cuidado  
para que al servir con paciencia  
puedan sanar debidamente.

Fuente de Eterna Sabiduría,  
guía a nuestros líderes  
para que al buscar remedio  
puedan seguir tu luz.

Cristo, el Ungido,  
protégenos en cuerpo y espíritu,  
para que al salir ilesos del daño  
seamos librados de toda aflicción.  
Tú que vives y reinas con Dios Padre,  
en unidad del Espíritu Santo, un solo Dios verdadero,  
por los siglos de los siglos. Amén.

## Act of Spiritual Communion

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

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Office of Divine Worship  
200 North Glebe Road, Ste 265, Arlington, VA 22203  
[liturgy@arlingtondiocese.org](mailto:liturgy@arlingtondiocese.org) | 703 · 224 · 1653

## Domestic Church at Prayer

*Rejoice always. Pray without ceasing. In all circumstances give thanks, for this is the will of God for you in Christ Jesus.*

I THESSALONIANS 5:16-18

The Christian family constitutes a specific revelation and realization of ecclesial communion, and for this reason it can and should be called a *domestic church*. It is a community of faith, hope, and charity; it assumes singular importance in the Church, as is evident in the New Testament. The Christian family is a communion of persons, a sign and image of the communion of the Father and the Son in the Holy Spirit. It is called to partake of the prayer and sacrifice of Christ. Daily prayer and the reading of the Word of God strengthen it in charity. (cf. *Catechism of the Catholic Church*, 2204-2205)

**COVID-19 Response** | *The enclosure “Domestic Church at Prayer” and website below provide selected resources for praying at home, especially during the time of the coronavirus crisis.*

[www.arlingtondiocese.org/covid19resources](http://www.arlingtondiocese.org/covid19resources)

## Sacrament of Confirmation

*Through the Sacrament of Confirmation those who have been born anew in Baptism receive the ineffable Gift, the Holy Spirit himself, by whom they are endowed with special strength. Moreover, they are more perfectly bound to the Church and they are more strictly obliged to spread and defend the faith, both by word and by deed, as true witnesses of Christ.*

cf. PAUL VI - APOSTOLIC CONSTITUTION on the SACRAMENT of CONFIRMATION, 14

**Confirmations at Parishes** | Each spring and fall Confirmations are celebrated for eighth graders at Parishes around the Diocese. Preparations for these liturgical celebrations are coordinated by the Office of Divine Worship. Forms and more information are available online. The [Liturgy Form](#) is due on the first of the month in the month prior to the scheduled Confirmation (e.g., April 1st for May Confirmations), and a draft of the [Confirmation Program](#) due on the fifteenth of the month (e.g., April 15th for May Confirmations).

**COVID-19 Response** | *Confirmations through May 31, 2020 have been cancelled. Further details on “next steps” will be sent to Pastors at a later date.*

[www.arlingtondiocese.org/parishconfirmation](http://www.arlingtondiocese.org/parishconfirmation)

**Confirmation for Adults** | Ordinarily, each year on Pentecost Sunday Bishop Burbidge celebrates Confirmation for those who, though baptized Catholic, have not yet received the Sacrament of Confirmation and are beyond the high school years.

**COVID-19 Response** | *The Confirmation for Adults, originally scheduled for May 31, 2020, has been cancelled. Further details on “next steps” will be sent to Pastors at a later date.*

[www.arlingtondiocese.org/adultconfirmation](http://www.arlingtondiocese.org/adultconfirmation)

**Confirmation according to the Extraordinary Form** | Most Rev. Michael F. Burbidge, Bishop of Arlington, will celebrate the Sacrament of Confirmation according to the *Pontificale Romanum* 1962 on Monday, October 5, 2020, at 7:00pm at the Cathedral of Saint Thomas More. The [Candidate Form](#) for each candidate is due no later than September 3, 2020 to [liturgy@arlingtondiocese.org](mailto:liturgy@arlingtondiocese.org). The form, as well as [Guidelines and Reminders](#), are available online.

[www.arlingtondiocese.org/extraordinaryform](http://www.arlingtondiocese.org/extraordinaryform)

# Liturgy Workshops: Fostering Participation in Sacred Liturgy

*Mother Church earnestly desires that all the faithful should be led to that fully conscious and active participation in liturgical celebrations which is demanded by the very nature of the liturgy.*

VATICAN II - CONSTITUTION on the SACRED LITURGY, 14

The Liturgy Workshops are presented by the Office of Divine Worship of the Diocese of Arlington. Workshops are offered for liturgical ministers on seven Saturdays throughout the year: Deaneries II-V in the spring and Deaneries I, VI-VII in the fall. Additional workshops may be offered on weekends or weekdays upon request and at the discretion of the Office of Divine Worship.

**COVID-19 Response** | Liturgy Workshops for deaneries II, IV, and V in spring 2020 have been cancelled and will be rescheduled as soon as possible.

[www.arlingtondiocese.org/liturgyworkshops](http://www.arlingtondiocese.org/liturgyworkshops)

## Extraordinary Ministers of Holy Communion

*The consummation of the Mass is found in Holy Communion, whereby the people purchased for the Father by his beloved Son eat and drink the Body and Blood of Christ.*

USCCB - NORMS for the DISTRIBUTION of HOLY COMMUNION, 5

In order that the faithful may partake of the Body and Blood of Christ, Pastors of the Church call upon Extraordinary Ministers of Holy Communion and entrust to them the work of distributing Holy Communion during Mass and to the sick and homebound. EMHC's are exemplary Catholics devoted to the Eucharist, and in the Diocese their ministry follows the requirements of the [Norms for Extraordinary Ministers of Holy Communion in the Diocese of Arlington](#).

Pastors and Chaplains are encouraged to use the [EMHC Mandate Request Form](#) in order to request that new ministers be mandated, as well as to make updates to the Parish or Chaplaincy record of EMHC's. New mandates and updates may be requested at any time of the year. A Pastor or Chaplain may also request the current list of EMHC's for his Parish or Chaplaincy at any time.

**COVID-19 Response** | All EMHC Mandates set to expire on May 31, 2020 have been extended to May 31, 2021.

[www.arlingtondiocese.org/EMHC](http://www.arlingtondiocese.org/EMHC)

## Liturgical Norms & Guidelines for the Diocese of Arlington

*Therefore bishops are the principal dispensers of the mysteries of God, as well as being the governors, promoters, and guardians of the entire liturgical life in the church committed to them.*

VATICAN II - DECREE concerning the PASTORAL OFFICE of BISHOPS in the CHURCH, 15

In consultation with the Diocesan Liturgical Commission and Presbyteral Council, Most Rev. Michael F. Burbidge promulgated several sets of liturgical norms and guidelines in late 2019 and early 2020. On the Feast of the Transfiguration in 2019, Bishop Burbidge promulgated [Norms for the Celebration of the Eucharist](#), [Norms for Extraordinary Ministers of Holy Communion](#), and [Norms for Servers](#). Bishop Burbidge has also promulgated [Guidelines for Confessionals](#) and [Policies for Rectory Chapels](#). All documents are available online.

**COVID-19 Response** | With prayerful consideration of pastoral needs and based upon the most up-to-date medical and scientific recommendations, the Diocese of Arlington continually assesses liturgical guidelines and directives in response to the spread of coronavirus. Prayer resources can be found at [www.arlingtondiocese.org/covid19resources](http://www.arlingtondiocese.org/covid19resources) and current guidelines and directives can be found at [www.arlingtondiocese.org/press-releases/2020/updated-diocese-of-arlington-response-to-concerns-of-the-coronavirus/](http://www.arlingtondiocese.org/press-releases/2020/updated-diocese-of-arlington-response-to-concerns-of-the-coronavirus/).

[www.arlingtondiocese.org/liturgynorms](http://www.arlingtondiocese.org/liturgynorms)

## Vatican & US News

- Mar 03** • Pope Francis releases *Video Message for Laudato Si' Week*, 16-24 May 2020
- Mar 04** • Cong. Oriental Churches announces annual *Pro Terra Sancta Appeal*
- Mar 05** • Pope Francis releases *Message for 35th World Youth Day*, 5 Apr 2020
- Mar 06** • *World Migrant & Refugee Day*, 27 Sep 2020, theme: "Forced like Jesus Christ to Flee"
- Mar 07** • *16th Ordinary Assembly of the Synod of Bishops*, Oct 2022, theme: "For a Synodal Church: Communion, Participation, and Mission"
- Mar 11** • Pope Francis gives *Video Message for Day of Prayer and Fasting*, 11 Mar 2020
- Mar 13** • USCCB makes *Statements on COVID-19* and USCCB Pres. gives *Reflection and Prayer*
- Mar 19** • Apostolic Penitentiary issues *Decree on Plenary Indulgences* and *Note on Reconciliation* during COVID • Cong. Divine Worship issues *Decree on Holy Week and Triduum* during COVID
- Mar 25** • Cong. Divine Worship issues *Decree on Holy Week and Triduum (II)* during COVID • Cong. Doctrine of Faith announces *Decree Quo Magis*, with *Note*, and *Decree Cum Sanctissima*, with *Note*, on prefaces and saints in celebrations of the extraordinary form, both dated 22 Feb
- Mar 27** • Pope Francis celebrates *extraordinary Urbi et Orbi* at Saint Peter's in Rome in response to COVID
- Mar 30** • Holy See approves *Mass in Time of Pandemic* • Dicastery Promoting Integral Human Development publishes *Aqua fons vitae* following World Water Day 2020
- Apr 02** • USCCB Pres. announces *Moment of Prayer for COVID-19* to be held at noon on Good Friday
- Apr 03** • USCCB Pres. gives *Message for Holy Week 2020*
- Apr 03** • Pope Francis gives *Video Message* to Italian families and to the world in the time of COVID
- Apr 08** • Pope Francis institutes new *Study Commission* for female diaconate

## Liturgical Year 2020

**Special Note** • The *Mass in Time of Pandemic* may be celebrated at the discretion of the Pastor or Priest celebrant on the following dates during the Season of Easter: Apr 20-24, 27-30, May 1-2, 4-9, 11-13, 15-16, 18-23, 25-30.

**APRIL** • Pope's Intention: For Freedom from Addiction

**Apr 05** • Palm Sunday | Holy Week begins

**Apr 06-11** • Weekdays of Holy Week

**Apr 09-12** • Sacred Paschal Triduum

**Apr 12** • Easter Sunday | Easter Season begins

**Apr 12-19** • Octave of Easter | sequence *Victimae Paschali* is obligatory on Easter Sunday and optional on other days of the Octave; dismissal includes "alleluia, alleluia" during the Octave

**Apr 12-May 31** • Easter Season

**Apr 19** • 2nd Sun. of Easter is Divine Mercy Sunday

**Apr 23** • Memorial of Saint George is the patronal feast of Pope Francis

**Apr 25** • Feast of Saint Mark, Evangelist

**MAY** • Pope's Intention: For Deacons

**May 03** • World Day of Prayer for Vocations

**May 14** • Feast of Saint Matthias, Apostle

**May 24** • Solemnity of the Ascension is observed on Sunday in the Diocese of Arlington

**May 25** • Diocesan Day of Prayer for World Justice and Peace

**May 30** • Diocesan Ordination to the Diaconate, 11:00am, Cathedral of Saint Thomas More

**May 31** • Solemnity of Pentecost & Diocesan Confirmation for Adults | Easter Season concludes

**JUNE** • Pope's Intention: The Way of the Heart

**June 1** • Memorial of BVM, Mother of the Church (observed Monday after Pentecost, since 2018)

**June 6** • Diocesan Ordination to the Priesthood, 11:00am, Cathedral of Saint Thomas More

**June 7** • Solemnity of the Most Holy Trinity

### Office of Divine Worship

James M. Starke, Ph.D., *director*

Dr. Richard P. Gibala, *music coordinator*

[www.arlingtondiocese.org/ODW](http://www.arlingtondiocese.org/ODW)



### Diocesan Liturgical Commission

James M. Starke, Ph.D., *chair*

Jeffrey Ghering, *recording secretary*

[www.arlingtondiocese.org/DLC](http://www.arlingtondiocese.org/DLC)