



# ODW Bulletin

DIOCESE of ARLINGTON

MAY

2020

## Prayer to Jesus for Healing and Guidance

Jesus, Son of God,  
you were sent by the Father  
to bear our weakness;  
be with us in this time of crisis.

Merciful Savior,  
heal and comfort the sick,  
so that, with health restored,  
they may give you praise.

Divine Physician,  
accompany our caregivers  
so that, serving with patience,  
they may heal wisely.

Eternal Wisdom,  
guide our leaders  
so that, seeking remedies,  
they may follow your light.

Christ, the Anointed,  
protect us in body and spirit,  
so that, freed from harm,  
we may be delivered from all affliction.

Who live and reign with God the Father  
in the unity of the Holy Spirit,  
one God, forever and ever.  
Amen.

## Oración a Jesús para pedir sanación y guía

Jesús, Hijo de Dios,  
a Ti que fuiste enviado por el Padre  
para asumir nuestra debilidad,  
te pedimos que nos acompañes  
en este momento de crisis.

Salvador Misericordioso,  
ayuda y consuela a los enfermos,  
para que al recobrar la salud  
puedan alabarte.

Médico Divino,  
acompaña a nuestros proveedores de cuidado  
para que al servir con paciencia  
puedan sanar debidamente.

Fuente de Eterna Sabiduría,  
guía a nuestros líderes  
para que al buscar remedio  
puedan seguir tu luz.

Cristo, el Ungido,  
protégenos en cuerpo y espíritu,  
para que al salir ilesos del daño  
seamos librados de toda aflicción.

Tú que vives y reinas con Dios Padre,  
en unidad del Espíritu Santo, un solo Dios verdadero,  
por los siglos de los siglos. Amén.

## Act of Spiritual Communion

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

# Liturgy & Response to COVID-19 in the Diocese of Arlington

*It is great news that we are now beginning to offer public celebrations of the Mass in some areas of our diocese. While we would like to join together as quickly as possible, we must proceed cautiously, consistent with guidance from state and local officials and health experts, in an effort to continue protecting the health and safety of parishioners, volunteers, staff, clergy and all who serve throughout the Diocese.*

BISHOP BURBIDGE - STATEMENT *regarding* EARLY PHASE ONE REINTEGRATION

## Public Celebrations of Mass

- † Statement from Bishop Burbidge | <https://www.arlingtondiocese.org/bishop/public-messages/2020/statement-from-bishop-michael-f--burbidge-regarding-early-phase-one-reintegration-of-public-masses-in-the-diocese-of-arlington/>
- † Comunicación del Obispo Burbidge | <https://www.arlingtondiocese.org/bishop/public-messages/2020/comunicaci%C3%B3n-del-obispo-michael-f--burbidge-sobre-el-comienzo-de-la-primera-fase-para-la-reintegraci%C3%B3n-de-las-misas-p%C3%ABlicas-en-la-di%C3%B3cesis-de-arlington/>
- † Guide for the Lay Faithful & Guía para los Fieles Laicos | *enclosed*
- † Important Reminders & Recomendaciones Importantes | *enclosed*
- † COVID-19 Basics | *enclosed*

**Liturgy Workshops: Fostering Participation in Sacred Liturgy** | Liturgy Workshops for deaneries II, IV, and V in spring 2020 have been cancelled and will be rescheduled as soon as possible.

**Extraordinary Ministers of Holy Communion** | All EMHC Mandates set to expire on May 31, 2020 have been extended to May 31, 2021.

**Confirmation at Parishes** | Confirmations through May 31, 2020 have been cancelled. Pastors have been delegated faculties to confirm candidates who were to be confirmed by Bishop Burbidge, Bishop Loverde, Archbishop Broglio, or Bishop Coffey in spring 2020.

**Confirmation for Adults** | The Confirmation for Adults, originally scheduled for May 31, 2020, has been cancelled. The next Confirmation for Adults will take place in spring 2021. Pastors have been delegated faculties to confirm candidates who were to be confirmed on May 31, 2020.

## Singing & COVID-19

*The primordial Song of the Liturgy is the canticle of victory over sin and death. It is the song of the saints, standing beside “the sea of glass”... The Paschal hymn, of course, does not cease when a liturgical celebration ends. Christ, whose praises we have sung, remains with us and leads us through church doors to the whole world, with its joys and hopes, griefs and anxieties.*

U.S. BISHOPS - SING to the LORD, nos. 7-8

Singing is, of course, an important part of liturgy. At the same time, singing is believed to produce the kind of respiratory droplets that, as with coughing and sneezing, can transmit the coronavirus. Face coverings and social distancing reduce the risk of respiratory droplets travelling from one person to another. Limiting singing can also help reduce the risk of transmitting coronavirus.

Therefore, Pastors have been advised to consider carefully how to make use of singing and choirs in Parish liturgies during the various phases of reintegration. When discerning how singing will occur in the liturgy over the various phases of reintegration, Parishes are invited to reflect on, adapt, and apply the principle of progressive solemnity as outlined in *Sing to the Lord*, chapter 4.

As the U.S. Bishop's teach, “progressive solemnity includes not only the nature and style of the music, but how many and which parts of the rite are to be sung” (STTL, 112). Ordinarily, this principle is applied by

looking at the rankings of feast days. Singing many parts of the Mass is recommended for days of greater solemnity—such as Easter Sunday and Pentecost—, while singing fewer parts may occur on days of lesser solemnity—such as weekdays during Ordinary Time. Which parts should be sung? According to the *General Instruction of the Roman Missal*, “preference should be given to those [parts of the Mass] that are of greater importance” (GIRM, no. 40). In *Sing to the Lord*, the U.S. Bishops provide guidance on how to approach the different parts of the Mass.

**1. Dialogues & Acclamations** | Greatest importance is given to the dialogues and acclamations of the Mass. These include texts such as “The Lord be with you. R/. And with your spirit” (dialogue) and the Sanctus, Memorial Acclamation, and Great Amen (acclamations). “Every effort should therefore be made to introduce or strengthen as a normative practice the singing of the dialogues between the priest, deacon, or lector and the people” (STTL, no. 115.a; cf. GIRM, no. 40).

**2. Antiphons & Psalms** | “The psalms are poems of praise that are meant, whenever possible, to be sung” (STTL, no. 115.b; cf. GIRM, no. 102). In the Mass, antiphons and psalms include the Responsorial Psalm in the Liturgy of the Word, as well as the antiphons provided for Entrance and Communion.

**3. Refrains & Repeated Responses** | The litanies of the Mass—such as the Kyrie, eleison and the Agnus Dei—“may be sung as appropriate” (STTL, no. 115.c).

**4. Hymns** | Hymns include parts of the Order of Mass, such as the Gloria, as well as hymns that have come to be used for the Entrance, Preparation of the Gifts, Communion, and Recessional. Among these, the Gloria, as a part of the Order of Mass, is the more important.

In this time of the coronavirus pandemic, the principle of progressive solemnity can be adapted as a helpful guide for preserving the solemn nature of liturgy while balancing safe practices for communal gatherings. In early phases and according to the prudential judgment of the Pastor, it may be advisable to omit singing, to include singing only elements from the first category (#1 above), or only elements from the first two categories (#1-2 above). As reintegration continues, elements from additional categories can be added. Even when it is not advisable for health reasons to sing certain parts of the Mass, singing some parts can help manifest the solemn nature of the liturgy while balancing safe practices for communal gatherings.

Finally, it is recalled that singing “arises out of silence and returns to silence,” and “the importance of silence in the liturgy cannot be overemphasized” (STTL, no. 118). Especially during the coronavirus pandemic, fostering silence at appropriate ritual moments (e.g., observing silence after Communion, rather than singing a hymn of praise) can help the community to meditate on and open its heart to the mysteries being celebrated during this challenging time.

## Sacrament of Confirmation

*Through the Sacrament of Confirmation those who have been born anew in Baptism receive the ineffable Gift, the Holy Spirit himself, by whom they are endowed with special strength. Moreover, they are more perfectly bound to the Church and they are more strictly obliged to spread and defend the faith, both by word and by deed, as true witnesses of Christ.*

*cf. PAUL VI - APOSTOLIC CONSTITUTION on the SACRAMENT of CONFIRMATION, 14*

**Confirmation according to the Extraordinary Form** | Most Rev. Michael F. Burbidge, Bishop of Arlington, will celebrate the Sacrament of Confirmation according to the *Pontificale Romanum 1962* on Monday, October 5, 2020, at 7:00pm at the Cathedral of Saint Thomas More. The [Candidate Form](#) for each candidate is due no later than September 3, 2020 to [liturgy@arlingtondiocese.org](mailto:liturgy@arlingtondiocese.org). The form, as well as [Guidelines and Reminders](#), are available online.

[www.arlingtondiocese.org/extraordinaryform](http://www.arlingtondiocese.org/extraordinaryform)

## Vatican & US News

- Apr 10** • USCCB President, Archbishop Gomez, leads [Moment of Prayer](#) for an end to the coronavirus pandemic at noon on Good Friday
- Apr 12** • Pope Francis delivers the annual [Easter Message and Urbi et Orbi Blessing](#) on Easter Sunday; USCCB President, Archbishop Gomez, also gives an [Easter Message](#)
- Apr 25** • Pope Francis gives a [Letter to the Faithful](#) for the Month of May encouraging prayer and devotion to Mary
- May 1** • USCCB President, Archbishop Gomez, together with the Bishops of the U.S., leads [act of re-consecration](#) of the United States to Mary, under the title Mother of the Church
- May 6** • Congregation for the Causes of Saints publishes [decrees on the heroic virtues](#) of the Servants of God Francesco Caruso (priest, d.1951), Carmelo De Palma (priest, d.1961), Francisco Barrecheguren Montagut (priest, d.1957), Maria de la Concepción Barrecheguren y García (layperson, d.1927), and Matteo Farina (layperson, d.2009).
- May 15** • Pope Francis releases his [Message for World Day of Refugees and Migrants](#) (27 Sep 2020) on the theme “Like Jesus, Forced to Flee.”
- May 18** • Congregation for Divine Worship and the Discipline of the Sacraments publishes decree on the [inscription of the optional memorial of Saint Faustina Kowalska](#) on October 5<sup>th</sup> in the General Roman Calendar
- May 24** • This day marks World Communications Day and the anniversary of Francis’s encyclical *Laudato Si’*. At the [Regina Caeli](#), Francis recalls the “Laudato Si’ Week” that concluded and announces a special year dedicated to Care for Our Common Home.
- May 25** • Pope Francis marks the 25<sup>th</sup> anniversary of John Paul II’s encyclical *Ut Unum Sint* with a [letter](#) to the President of the Pontifical Council of Christian Unity

## Liturgical Year 2020

**Special Note** • The [Mass in Time of Pandemic](#) may be celebrated at the discretion of the Pastor or Priest celebrant on the following dates: May 1-2, 4-9, 11-13, 15-16, 18-23, 25-30; June 1-6, 8-13, 15-18, 20, 22-23, 25-27, 30.

**MAY** • Pope’s Intention: For Deacons

**May 03** • World Day of Prayer for Vocations

**May 14** • Feast of Saint Matthias, Apostle

**May 24** • Solemnity of the Ascension is observed on Sunday in the Diocese of Arlington

**May 25** • Diocesan Day of Prayer for World Justice and Peace

**May 31** • Solemnity of Pentecost | Easter Season concludes

**JUNE** • Pope’s Intention: The Way of the Heart

**June 1** • Memorial of BVM, Mother of the Church (observed Monday after Pentecost, since 2018)

**June 6** • Diocesan Ordination to the Priesthood, 11:00am, Cathedral of Saint Thomas More

**June 7** • Solemnity of the Most Holy Trinity

**June 13** • Diocesan Ordination to the Diaconate, 11:00am, Cathedral of Saint Thomas More

**June 14** • Solemnity of the Most Holy Body and Blood of Christ (Corpus Christi)

**June 19** • Solemnity of the Most Sacred Heart of Jesus

**June 22-29** • Religious Freedom Week (USA)

**June 22** • Saint Thomas More, Principal Patron of the Diocese of Arlington | This day is observed as a Feast throughout the Diocese and as the Titular Solemnity at the Cathedral

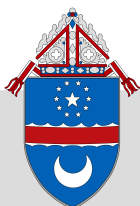
**June 24** • Solemnity of the Nativity of Saint John the Baptist

**June 29** • Solemnity of Saints Peter and Paul | The Vigil Mass of this solemnity may be celebrated on the evening of June 28<sup>th</sup>

**JULY** • Pope’s Intention: Our Family

**July 3** • Feast of Saint Thomas, Apostle

**July 4** • Diocesan Day of Prayer for Human Rights and Equality



### Office of Divine Worship

James M. Starke, Ph.D., *director*

Dr. Richard P. Gibala, *music coordinator*

[www.arlingtondiocese.org/ODW](http://www.arlingtondiocese.org/ODW)

### Diocesan Liturgical Commission

James M. Starke, Ph.D., *chair*

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