

# Dating & Modesty

## VIDEO LINK

<http://youtu.be/SH0PUjdPLQw>

## GOAL SUMMARY

The goal of this session is to help both young men and young women understand the importance of modesty.

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This video includes Jason Everett speaking about modesty to a classroom of students.

## DISCUSSION QUESTIONS

1. How is our personhood reflected in what we wear?
2. In what ways does dressing immodestly show insecurity/confidence?
3. Do you think you would rather be quacked at or loved?
4. How is a modest woman like a candle?
5. Humility is the proper attitude towards greatness. How so?

## SEND

Modesty helps us to see each other for who we are and gives us the proper ideas of love. Let us help one another to live modestly.

Pray together (from Pope St. John Paul II - World Youth Day 2000):

“It is Jesus that you seek when you dream of happiness; He is waiting for you when nothing else you find satisfies you; He is the beauty to which you are so attracted; it is He who provoked you with that thirst for fullness that will not let you settle for compromise; it is He who urges you to shed the masks of a false life; it is He who reads in your heart your most genuine choices, the choices that others try to stifle.

It is Jesus who stirs in you the desire to do something great with your lives, the will to follow an ideal, the refusal to allow yourselves to be ground down by mediocrity, the courage to commit yourselves humbly and patiently to improving yourselves and society, making the world more human and more fraternal.”