

## **Life and Dignity of the Human Person**

### **VIDEO LINK**

[https://www.youtube.com/watch?time\\_continue=4&v=z8\\_Eoi5a5UQ](https://www.youtube.com/watch?time_continue=4&v=z8_Eoi5a5UQ)

Please see the following page for the rest of the content for this session.



**RELATED SCRIPTURE PASSAGES:**

Proverbs 6:16-19; 12:18;  
15:4; 18:22; 21:23; 25:11;  
Matthew 12:36-37;  
Luke 6:45  
Ephesians 4:29;  
James 1:26;  
1 Peter 3:10

**RELATED CATECHISM OF THE  
CATHOLIC CHURCH REFERENCES:**

**Source of Human Dignity:**  
1700  
**Respect for Human Dignity:**  
1931; 1944

**RELATED YOUCAT REFERENCES:**

**Human Dignity:**  
58; 280  
**Charity:**  
309



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# DISCUSSION GUIDE

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## DIGNITY MATTERS

### SYNOPSIS

Meet Manny, a young man who's taking a few hits to his dignity from people who aren't weighing the impact of their words.

### SUGGESTED USES FOR THIS VIDEO

✠ Use this film as part of an event about human dignity and things that impact it. It will also be a good introduction piece for reflecting on the way we speak to people and the impact that has.

### QUESTIONS FOR DISCUSSION

1. Did any of the scenarios in the film look familiar to you?
2. Were you Manny, or were you the person speaking to him?
3. When someone says something that hurts you, how long does it take you to get past it?
4. Can someone "compliment" you out of it?
5. Why do you think hurtful words are so much more powerful than kind words?
6. Read James 3:1-12.
  - What kind of power does James say the tongue has?
  - Does this truth only apply to the spoken word?
  - Have your teens come up with examples, real or imagined/negative or positive, where words have "steered a ship" or "set a forest on fire."
  - Why do you think James says the tongue cannot be tamed? Do you agree or disagree?
  - What kind of hypocrisy does James mention regarding the tongue? Why should this hypocrisy bother us when we are the perpetrators?
7. We will never go through life without someone's words hurting us. How should we react toward the offender? How can we heal after the hurt?
8. We will never go through life without hurting someone with our words. How should we make amends? What kinds of consequences might we expect after hurting someone with the words we used?