

Truth, Freedom, and Responsibility

VIDEO LINK

<http://youtu.be/gJUJpWI4xDk>

GOAL SUMMARY

The goal of this session is to understand the relationship between truth, freedom, responsibility, and human suffering. When we look at suffering, instead of asking why God lets us suffer, we should seek to see where he is in our suffering. Suffering has a purpose and instead of wishing it away, we should pray to better embrace it.

VIDEO SUMMARY

This video looks at the question of why we suffer and where God is in the midst of our suffering.

DISCUSSION QUESTIONS

1. What helps you when you're in a time of intense pain/suffering?
2. Have you felt Jesus present in your suffering? How so?
3. How does Jesus teach us to suffer?
4. In the video we hear Chris say, "As a Christian, I can never look at my God and say 'You don't know what this is like to deal with the pain...because he does'". Have you taken the time to think about that the Lord suffered throughout his life and death? How can you let him comfort you in your time of suffering?

SEND

Jesus shows us how to suffer. He doesn't promise us a life free of pain or suffering, but instead promises us that he will be with us in our pain. He shows us that through his suffering we have redemption and that death is not the answer.

Pray together:

Lord, each of us is suffering today in a different way. Instead of asking you to take the suffering away, we pray today that you help us to embrace our suffering the same way that you embraced your cross. Help us to know that you will always be with us as we suffer, even if we can't feel your presence. Your mother watched you suffer during the crucifixion, but had great hope. May she be our model of how to trust that suffering has meaning. We ask this in your name. Amen. St. Mary of Sorrows, pray for us.