

YouCat

VIDEO LINK

<http://youtu.be/hP3P3jL2hwI>

GOAL SUMMARY

The goal of this session is for young people to learn about the existence of a catechism that was written specifically to aid in their understanding of the faith. After this session, students should have the YouCat in the back of their mind as a source with answers to their questions about the beliefs we hold as Catholics.

VIDEO SUMMARY

This video serves as an introduction to the YouCat, a summary, broken down for a teenage audience, of the Catechism of the Catholic Church, which explains the beliefs of our faith.

DISCUSSION QUESTIONS

1. What is the format of the YouCat? How could this make it easier for you to use the YouCat?
2. Why does our faith matter in eternity?
3. Why is it important that we know our faith with the same precision as musicians preparing for a concert?
4. Why is our faith not something that we typically talk about with the same enthusiasm as the latest sports scores or celebrity gossip? What can we do to be fearless to share our faith?

SEND

Today's session has been a very basic introduction to the YouCat, which is a summary of the teachings of the Catholic Church that are found in the Catechism. The YouCat was written with young people in mind, to serve you and help you learn the faith. Do not think you are too young to learn your faith; instead, run to the Lord, have faith in him, and learn about him and the Church he established.

Pray together Mark 10: 13-16:

“And they were bringing children to him, that he might touch them; and the disciples rebuked them. But when Jesus saw it he was indignant, and said to them, ‘Let the children come to me, do not hinder them; for to such belongs the kingdom of God. Truly I say to you, whoever does not receive the kingdom of God like a child shall not enter it.’ And he took them in his arms and blessed them, laying his hands upon them.”