

Top 10 Ways to Create a “Rachel Presence” in your Parish:

Foster a sense of compassion in your community to make it a safe place that welcomes those who suffer after abortion and encourages reconciliation and healing in Jesus Christ



project rachel

Peace starts here

1. Become a [Project Rachel Parish Promoter](#).
2. Keep a Supply of FREE “[Help After Abortion](#)” [Magnetic Bumper Stickers](#) stocked in your Parish.
3. Hang fliers with pull-off tabs ([English](#) / [Spanish](#) / [Men](#)) inside the stalls of the ladies and men’s room doors, so that contact information may be taken in a confidential manner and near pamphlet racks and/or bulletin boards.
4. [Order FREE Program Materials](#) to stock and display in the vestibule and parish offices.
5. Give “Help After Abortion” Contact Cards to your priests to hand out in the confessional and leave a stack in the vestibule. Keep a supply of cards with you to distribute as the Holy Spirit leads or to hand out while praying at clinics. You may order them with the Program Material form above or by sending us an [email](#).
6. [Publish Suggested Bulletin Announcements](#) on a regular basis. A repeat message encourages people to have the courage to seek healing.
7. Always include a message of reconciliation and mercy when speaking of abortion. You never know who is in earshot of what you are saying. Encourage your priests to include a message of mercy when preaching pro-life homilies.
8. [Invite](#) Project Rachel Staff to speak at your parish.
9. [Offer a Spiritual Bouquet and/or Letter of Encouragement or personal prayer & sacrifice](#) for the women attending an upcoming healing retreat.
10. Pray for the Ministry and for those wounded by abortion to find healing. Make a commitment to attend our [Monthly Intercessory Holy Hour](#) for the Healing of our Culture and for those still in need of healing after abortion on the 2nd Tuesday of every month at 7:30 pm or host a Holy Hour at your parish for these intentions.