

women's silent retreat

with dr. anthony lilles
& fr. tom ferguson



Dr. Anthony Lilles is a Carmelite scholar who serves as Chief Academic Officer of the Avila Institute for Spiritual formation. He is an expert in Spiritual Theology, Spiritual Direction & various classics of Catholic spirituality and specializes in the spiritual doctrine of St. Elizabeth of the Trinity and the Carmelite Doctors of the Church: Sts. Teresa of Avila, John of the Cross & Therese of Lisieux.



Rev. Thomas Ferguson was ordained a priest for the Diocese of Arlington in 1994. He is a former Vicar General for the Diocese and now serves as pastor at Good Shepherd Church in Alexandria and a judge in the Diocesan Tribunal.

SAN DAMIANO SPIRITUAL LIFE CENTER

APRIL 3-6, 2025

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