

# *Give a Gift for Life*

## *this Christmas*

*Pregnancy Assistance  
Gabriel Project*

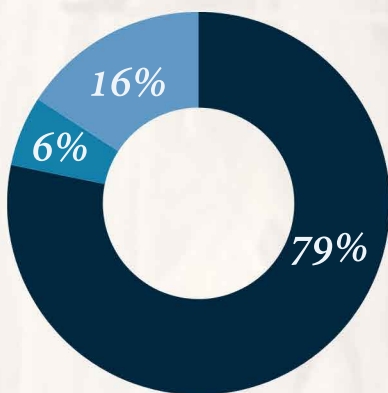


*After Abortion Care  
Project Rachel*

## *2 easy ways to make a tax-deductible contribution:*

1. Donate online at: [www.arlingtondiocese.org/giftforlife](http://www.arlingtondiocese.org/giftforlife)
2. Mail a check payable to **Gabriel Project/Project Rachel** with the donation form on the back page to:

**Gabriel Project/Project Rachel**  
**Catholic Diocese of Arlington**  
**P.O. Box 1960**  
**Merrifield, VA 22116-1960**



-  Pregnancy Assistance:  
Prenatal Care, Labs and Sonograms
-  After Abortion Care:  
Therapy, Group Healing Events  
and Retreats
-  Miscellaneous expenses:  
Rent and Utilities

*Fiscal Year 2023-24*  
*Care Given: \$292,996.77*  
*Total Clients: 602*

As you prepare for Christmas, please give a *Gift for Life* by supporting Gabriel Project Pregnancy Assistance and Project Rachel After Abortion Care Ministries.

Average costs of gifts include:

- Complete prenatal care.....\$3,000
- Labs and sonograms.....\$500
- Rent and utilities.....\$1,000
- Professional counseling.....\$150
- After Abortion Care retreats....\$300
- Educational classes.....\$125

“Reaching out, getting support and finding healing changed my life - saved my life. It's the most important thing I've ever done.”

- After Abortion Care Participant

“I could not have done this alone, but thankfully, my ‘Angel’ was there to support me, emotionally and spiritually, throughout my entire pregnancy. Thank you for your kindness, encouragement and love.”

- Expectant Mother in Need



Yes, I would like to give a Gift for Life this Christmas season!

☐

\$50

☐

\$300

☐

\$1,000

Enclosed please find my tax-deductible gift in the amount of:

☐

\$150

☐

\$500

☐

\$ \_\_\_\_\_

Name: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

Address: \_\_\_\_\_

Parish: \_\_\_\_\_ Email: \_\_\_\_\_

To donate in honor/memory of loved ones, and/or to download certificates  
Go to [arlingtondiocese.org/giftforlife](http://arlingtondiocese.org/giftforlife)