

# Participation in the Eternal Banquet

## VIDEO LINK

<https://youtu.be/vlfq2H-6cRc>

## GOAL SUMMARY

The goal of this session is to help teens understand the importance of the Eucharist and to see Heaven as an eternal banquet. Mass is our participation in that Banquet. This session will acquaint the teen with the importance of the Mass as a kind of Heaven on earth experience and draw the teen into an ever-greater love of the Mass.

---

## VIDEO SUMMARY

Buchi shares about the importance of the Mass as our participation in the eternal banquet of Heaven. She invites us to appreciate the importance of participating fully in the Mass and she reminds us of why we participate in the Mass.

## DISCUSSION QUESTIONS

1. What does it mean to say that the Mass *RE - presents* the sacrifice of Jesus on the cross?
2. What does Buchi say is the “Greatest Gift”?
3. How does the Eucharist prepare us for Heaven?
4. Buchi wants us to remember that “Earth is not our home”, what does she mean by this?
5. What is the Communion of Saints?
6. The Holy Mass is an invitation from Heaven – for Heaven. Explain.

## SEND

Today we have had a chance to discuss the Eucharist and why it is so essential to our lives. We are incapable of doing anything without the grace of God; because He knows how much we need Him and because He loves us so much, Jesus comes down to be the very bread we eat. He longs to help us every day as we go about living in this life so as to be with Him forever in the next.

To close, read aloud the prayer after communion from the Solemnity of the Most Holy Body and Blood of Christ:

*Grant, O Lord, we pray, that we may delight for all eternity in that share in Your divine life, which is foreshadowed in the present age by our reception of Your precious Body and Blood. Who live and reign forever and ever. Amen.*