

“Since the day I found the courage to call the helpline, it has been a journey of healing, trust and wholeness. My soul feels awake. The women I have met are amazing, and I no longer feel alone. I have made friends for life to accompany me on this journey.”

—After Abortion Care Participant

GIFT for Life

“I thank God, and the Gabriel Project for having blessed my family. There are no words to express how grateful I am for the support we received...I don’t know how to ever thank you for what you’ve done for us.”—Expectant Mother in Need

Please accept my donation of: \$50 \$150 \$300 \$500 \$1,000 \$ _____

Name: _____ Phone: () _____

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Parish: _____ Email: _____

Average costs of gifts include:

- Complete prenatal care.....\$3,000
- Labs and sonograms.....\$500
- Rent and utilities.....\$1,000
- Professional counseling.....\$150
- After Abortion Care retreats.....\$300
- Educational classes.....\$125

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To give in honor/memory of loved ones, you may download certificates at arlingtondiocese.org/giftforlife

YOUR *Gift* CAN CHANGE
A *Life* FOREVER



Office of Marriage, Family and Respect Life • 703.841.2550

PREGNANCY ASSISTANCE
GABRIEL PROJECT



AFTER ABORTION CARE
PROJECT RACHEL

Donate online at arlingtondiocese.org/giftforlife
OR make a check payable to Gabriel Project/Project Rachel and return this card in the envelope provided to:
Gabriel Project/Project Rachel
Catholic Diocese of Arlington
P.O. Box 1960
Merrifield, VA 22116-1960