

# St. Catherine of Siena

*“Be who God meant  
you to be and you  
will set the world  
on fire.”*



*Join us on a silent retreat to read and rest, think and pray with Jesus and Catherine. We will work our way through St. Catherine's 3 Steps to Spiritual Growth: Servile fear, imperfect love, and purified love (or union.)*

**WOMEN'S SILENT RETREAT**  
Friday through Sunday  
August 21 – 23  
San Damiano Retreat Center  
White Post, Virginia



Fr. James Hudgins is the pastor at St. Theresa Catholic Church in Ashburn, Virginia. Father is a seasoned speaker with his own Podcasts. He specialized in moral theology and ecclesiastical architecture at St. Charles Borromeo Seminary.

*St. Catherine is one of the four women Doctors of the Church. She was a mystic, and a crusader. A prolific writer, she composed over 400 letters, her Dialogue, and prayers.*

Retreat cost is \$299. Financial assistance may be possible.  
For more information or to register, please email Deacon Mark Maines:  
[mark.maines@arlingtondiocese.org](mailto:mark.maines@arlingtondiocese.org) or visit our website at [ArlingtonDiocese.org/Retreat](http://ArlingtonDiocese.org/Retreat)

